



*Nurturing a Living Faith
with Open Hearts
and Serving Hands*

TRINITY LUTHERAN CHURCH
502 NORTH 4TH STREET . BISMARCK, ND 58501 . 701.223.3560
MARK NARUM, PASTOR/HEAD OF STAFF;
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January 15th, 2024 E-Newsletter

Global Neighbors Update

Trinity Lutheran is partnering with Bismarck Global Neighbors to help resettle a refugee family of 3 from Costa Rica.



We put out a request and we are blown away by your generosity! Thank you for helping us gather everything on our list needed to help resettle this family. They will be arriving in Bismarck on Friday, January 19th. You can still sign up in the Narthex to help move them in once we have more information. Thank you for your help with this important ministry!

Recent Announcements

Funerals

We extend our congregation's sympathy to the families of:

- Julie Ann Schmaltz - sister of Margaret Swenson. A funeral was held on Tuesday, January 9th, in Forest River, ND.
- Mary Kolling - mother of Cal Kolling. A funeral was held Wednesday, January 10th, in Dickinson, ND.
- Beverly Miller - wife of Everett Miller. A private family service will be held.
- Bev Meyer - her funeral was at Trinity on Saturday, January 13th.

Please keep their families in your prayers.

Bible 101 Study

*Sundays through February 11th
Fellowship Hall*

Our Sunday morning "No Experience Necessary" Bible Study Continues as we begin to read our way through the Gospel of Mark. Just as the title implies – this is a place for people who have little or no Bible experience to come and think together about the Gospel of Mark. We will all use the same Bible (the church has extra copies) which are available for your use. Here are the promises – you won't be put on the spot to read publicly, you won't be forced to answer questions and no question is silly. We will meet beginning this Sunday, January 7th and meet through February 11th. Come join us in the Fellowship Hall between services – coffee and treats will be available.

Weight Watchers

*Fridays @ 10 a.m. & Saturdays @ 9 a.m.
Choir Room*

Exciting news—your WW Studio is now open! Meet face-to-face with your Coach, see old friends, make new ones, weigh in, and more. We can't wait to see you! Workshops: Fridays @ 10 a.m. & Saturdays @ 9 a.m. For more information go to [WeightWatchers.com](https://www.weightwatchers.com).



Radio Broadcast/Livestream Sign-Up



We are currently accepting sponsorship donations for 2024. The sign-up sheet with open dates and information forms are located in the Narthex. The cost is \$250 for each Sunday. Please turn in the additional form with your payment - it is helpful to receive payment up front. **After we fill in the yearly ongoing donations, we still have 7 WEEKS LEFT to fill for 2024.** Thank you for the many people that have supported this ministry. Please contact Klarissa if you have any questions.

Youth Area Repaired

Many thanks to Ron Kopp for his willingness to help repair the youth restroom and water fountain. Him and John put in a long day on Saturday to work on this project. We appreciate your help!



Children & Youth

Gracia Johnson - Youth and Children Ministry Coordinator; gjohnson@trinitybismarck.com, ext. 5

Silent Auction Items Needed

Trinity Youth will be holding a silent auction with the Cook-Off on February 21st. We are looking for donations of nice handmade items, artwork, NEW items, gift baskets, or gift certificates for our auction. Please bring donations to the church office by February 16th. If you have connections with a business, please consider asking them for a donation on our behalf. A sign-up sheet for the cook-off will come in February. Thank you for your support of our youth!

Youth Happenings

We have many fun youth opportunities coming up this fall! Information also available on our website. Click images to enlarge. Questions? See Gracia.

Prayer Partners

Reminder

We're adding a new faith milestone to our rotation and need your help! We are going to pair up each of our 2nd graders with a member of the congregation to be prayer partners.

There will be 2 fun interactive sessions you do together led by Trinity staff. If you are interested in being a prayer partner for one of our 2nd graders, please see Gracia.

NEW

VOLUNTEERS NEEDED

TO BE

2ND GRADE PRAYER PARTNERS

- You will be partnered with a 2nd grader & their parents.
- Two fun interactive sessions with your 2nd grader led by Trinity staff.
- We are doing our best to match up people who attend the same worship service so you can say hi if you see them at worship.
- Send encouraging notes or text messages.
- Pray for them!

See Gracia to volunteer or with any questions.

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Bismarck, ND
Evangelical Lutheran Church in America

Trinity Lutheran Church

MIDDLE SCHOOL FUN NIGHT!!



6th-8th Grade Youth Welcome
@ Lord of Life Lutheran Church

Friday, February 2
@ 6-10 pm

Hold up your Camera Phone to Sign Up HERE

HIGH SCHOOL YOUTH GROUP

WEDNESDAYS
6:40-7:45 P.M.
YOUTH ROOM

Starts
September 20

Faith Talk Safe Space
fun with friends service projects

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Trinity Lutheran Church

GIRLS MINISTRY



ATTENTION:
All Middle School Girls
COME & JOIN US
FOR FUN FILLED
AFTERNOONS ~

- *Middle School Girls
- *Meet Once A Month @ 1-2:30 pm
- *\$10 Supply Fee
- **This is a combined ministry with Good Shepherd Lutheran Church. The calendar below will show you which building we will be meeting at each month.

GSLC = Good Shepherd Lutheran Church
TLC = Trinity Lutheran Church

DATES WE MEET:
OCTOBER 8 GSLC
NOVEMBER 5 TLC
DECEMBER 17 GSC
JANUARY 28 TLC
FEBRUARY 25 GSLC
MARCH 18 TLC
APRIL 14 GSLC
MAY 5 - END OF YEAR PARTY

ROLLIN' IN THE DEEP

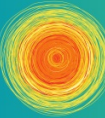
Soul Sisterhood Girls Ministry will provide a monthly adventure for 6th & 7th & 8th grade girls. Our time together will be spent creating, cooking, crafting, baking, drawing, and painting all in a Christ centered, supportive environment.

CAMP of the CROSS Ministries

Camperships

Trinity provides financial assistance for kids who are active in church school & confirmation to attend Bible Camp.
See Gracia for more info!

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CLUB 316

ADVENTURES IN FAITH
FOR KIDS & YOUTH

Sundays
2:00 - 3:30 p.m
Grades 3-5 & 6-8

Jan. 14 | Feb. 4 | Mar. 3 | Apr. 7 | May 19
Watch for more info!

Congregational Relationships

Heather Baumann - Congregation Relationship Coordinator; baumann@trinitybismarck.com, ext. 7

Ministry Opportunities

Ministry Opportunities at Trinity are available digitally. Please sign up to serve as Scripture Readers, Ushers, Greeters, Communion Servers and Tech online. **Sunday Readers should sign up by the Thursday before @ 10 a.m.** (Holiday weeks may vary). Click below to sign up.

If you haven't served before or are not sure what type of opportunities are there for you, please fill out the "Ministry Opportunity Form." Click below and you will be contacted about serving.

Sign Up

Ministry Opportunity Form

Stephen Ministry

Submitted By: Karen Botine

Reduce Your Weight!

Yes, there is a weight-reduction technique that really can work for you – but it's not a quick way to drop 10 or 20 pounds. It's losing the weight you may be carrying on your heart.

Sometimes everything is going well for you, and you feel "lighter than air," but negative emotions can weigh you down. Perhaps you are angry at something that someone said or did to you. Perhaps you resent a decision you feel was unfair. Perhaps someone's (or some group's) behavior is so offensive or hateful that you feel hate in return. These emotions have weight that can't be measured in pounds and ounces, but you carry that weight with you. What makes these emotions even more frustrating is that (1) the situation is important to you, but others see it as "no big deal" and have already moved on; (2) the person or group you feel negative about doesn't know or doesn't care how you feel; (3) there is no way to let the person or group know "You hurt me!" (4) There is no way to strike back (or you know that "getting even" would only make things worse).

If there is no fix for what weighs you down, and you would like to focus your energy on other parts of your life, can you let the hurt/resentment/anger go? If you would like to “let go”, how can you do that?

- Talk it out – in detail and in confidence – with a good listener (such as a Stephen Minister), who accepts what you say without judging you or your situation. Sometimes just hearing yourself explain what happened and how you feel is enough to reduce the weight you carry.
- Write it out. Some people find journaling helpful – or even writing a letter to the person who hurt you. **WARNING!** Do not send the letter. Write it. Read it as often as you need to, and then shred or burn it. It’s simply a tool to help you “get it out of your system”.
- First, last, and always – take your burdens to the Lord in prayer. The Bible tells us how and why to do this. **Cast all your anxiety on him, because he cares for you.** (1 Peter 5:7, NRSV). Remember – that’s ALL your anxiety, ALL your cares, ALL your burdens - because if a care is too small to be carried as a prayer, then it is too small to be carried as a burden.

Your Gifts

Heather Baumann - Financial Director; finance@trinitybismarck.com, ext. 7

<u>Dec-23</u>	Month Actual	Year-to- date Actual
INCOME		
Contributions	\$111,622.00	\$737,015.00
Other Income	\$4,958.00	\$102,804.00
Transfer	\$300.00	\$3,400.00
Total Income	\$116,880.00	\$843,219.00
EXPENSES		
Income less expenses	\$77,169.00	\$798,815.00
	\$39,711.00	\$44,404.00

Electronic Giving - Trinity offers the option of Electronic Giving as a simple way to contribute. This would allow you the freedom from worry or concern whether you are out of town, on vacation or wondering how to budget your contributions. Giving forms are available in the office, at the Welcome Center or on Trinity’s website.

We have also updated and simplified our website www.trinitybismarck.com in aiding you to give towards Trinity’s Capital Campaign. The GIVE PLUS area on the left allows you to give a recurring or one-time donation using a credit card. If you have questions or need assistance with electronic giving, please feel free to call Heather Baumann @ 223-3560. Thank you again for your continued financial support.

Donate

Prayer List

Prayer is an essential part of our faith life. As part of the body of Christ we are called to pray for others who are sick, hurting or in need of healing. Names will be added only with the permission of the person being prayed for or an immediate family member.

If you would like your name added to this list, please contact the office or let one of the pastors know.

Please pray for: James Kalbfleisch, Ellen Jackson, Morgan Christianson, Tom, Denell, Terry, Bill, Pat, Michelle and Karsten.

Pastoral Acts

Baptisms

Funerals

Beverly Miller
Beverly Meyer

Weddings

Gifts & Memorials

None at this time.


Martin Luther

King Jr. Celebration

Monday, January 15th @ 6:30 p.m.
Sanctuary


Join the MLK Holiday Commission for a celebration in honoring the dream and legacy on perseverance of Martin Luther King Jr. on Monday, January 15th @ 6:30 pm at Trinity.

This event will feature keynote speakers and music with vendors and root beer floats offered after. Click here to check out the [Facebook event](#).



ALL ARE CORDIALLY INVITED:

Honoring the Dream and Legacy of:
DR. MARTIN LUTHER KING JR.




MONDAY, JAN. 15, 2024 @ 6:30PM

Trinity Lutheran Church
502 N. 4th St, Bismarck, ND

FREE ADMISSION

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." –


Martin Luther King Jr.
Strength to Love, 1963



REP. HAMIDA DAKANE

LA SIEMBRA COLOMBIAN BAND. ROOT BEER FLOATS. & MORE!

Sponsors/Vendors: MLK Holiday Commission, Trinity Lutheran Church, Bismarck United Church of Christ, Walmart, Bismarck Tribune, Bismarck Global Neighbors, Bismarck Human Relations Committee, CATCH, High Plains Fair Housing Center, Bismarck Tribune, Girl Scout Troop 80019, and NDAAAGI (ND Asian-American Arts & Cultural Initiative)

 **MLK HOLIDAY COMMISSION**



Missouri Slope

Check out available job openings here:

www.missourislope.com/careers

Check out their digital newsletter here:

<https://missourislope.com/hilltopper/>



Ministry on the Margins

Ministry on the Margins is always looking for volunteers to help at their food pantry.

For information and to sign up visit:

www.ministryonthemargins.com/volunteer

Lend a Hand Ministry

Next Meeting: Thursday, February 8th @ 9 a.m. - 12 p.m.
Fellowship Hall

Lend a Hand Ministry enjoys some coffee and fellowship before breaking out into small groups to help with projects that care for the building. No special skills are required.

They meet the 2nd Thursday of each month @ 9 a.m. - 12 p.m. in Fellowship Hall. If you are interested or that time does not work for you, please contact our Facility Manager, John Brintnell, at brintnell@trinitybismarck.com. We welcome helping hands!



Upcoming Events



Pre-Baptism Class

Wednesday, January 17th @ 6:40 p.m.



Conference Room

If you weren't able to make it on Sunday, we will be holding another class in the Conference Room for parents to prepare to have their child baptized on Wednesday, January 17th @ 6:40 p.m. If you are currently expecting or recently had a child, please join us for this informational session. See Pastor Martha with questions. Click on the image to enlarge.

Men's Breakfast

*Saturday, January 20th @ 8 a.m.
Fellowship Hall*

You are invited! All men of the church are invited to our monthly breakfast. Our goals are to share a good meal, build relationships within the congregation and spend a bit of time talking about life as followers of Jesus. Join us Saturday, January 20th @ 8 a.m. We wrap up by 9 a.m. so people can get on with their day. You will experience laughter, possibly the telling of tall tales, a bite to eat and a question or two to ponder.

An Evening About Resiliency

Wednesday, January 24th @ 6:35 p.m.

Our Mental Health/Substance Abuse Task Force is sponsoring an event on Wednesday, January 24th, here at Trinity. Following our normal meal and worship, there will be keynote speaker, Emily Schmid, who works with the American Foundation for Suicide Prevention. She will share her story and speak about resiliency. There will be a panel discussion for the adults after the speaker. The panel speakers are local community leaders who will address questions about how we as a faith community can serve our community and how we can continue to break the stigma of mental health issues.

There will be time for your questions as well. Emily Schmid will lead an activity with the confirmation and high school youth. It will be a great evening of learning that you won't want to miss. All are welcome!

Baptism Anniversary Party

Sunday, January 28th @ 9:40 a.m.

We're having a Baptism Anniversary Party for all those who were baptized in the last year! We'll meet on Sunday, January 28th @ 9:40 a.m. between services. If you or your child were baptized in 2023, be on the look-out for more info coming in early January.

We Need Your Story!

During Lent

Our Lenten series this year is "Stories to Tell." Each Wednesday, we would like to have a member of the congregation tell their faith story. Pastor Mark and Pastor Martha are willing to help you think through what you might be willing share. We are hoping to create an environment within the congregation where people are more willing to share both their joys and their struggles, times of when their faith was solid and times where it felt unstable. If you have questions, talk to Pastor Mark or Pastor Martha soon – Ash Wednesday is February 14th.

Annual Meeting

*Sunday, February 25th @ 11:30 a.m.
Sanctuary & on Zoom*

Our annual meeting will be Sunday, February 25th @ 11:30 a.m. This is your chance to ask questions about the direction Trinity's Christ-centered ministry is taking. During this meeting you will get a chance to elect new people to council and several other positions, ask questions about activities of this past year and give input to our ministry priorities.

The Report will be available February 11th. You can join us in person in the Sanctuary or email Klarissa for a link to pre-register for the Zoom meeting at pudwill@trinitybismarck.com if possible by Thursday, February 22nd. Also, to be a voting member, you need to have communed and made a contribution of record in 2023 or 2024. Hope to see you there! Click on the image to enlarge.

Annual Report

OF THE CONGREGATION

2023



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Evangelical Lutheran Church in America

(701) 223-3560
502 N 4TH ST.
BISMARCK, ND 58501

TRINITYBISMARCK.COM



**THE
CONCORDIA
CHOIR**

Michael Culloton, Conductor

BISMARCK

March 2 - 4 p.m.

**Trinity Lutheran
Church**

 **CONCORDIA COLLEGE**
MOORHEAD, MINNESOTA

Concordia Choir Concert

*Saturday, March 2nd, 2024 @ 4 p.m.
Sanctuary*

Experience one of America's finest choirs seen nationwide on public television and heard in Carnegie Hall, Kennedy Center, and across the country in concert at Trinity Lutheran Church, Bismarck. The Concordia Choir will perform in Bismarck, ND on Saturday, March 2nd @ 4 p.m. Performed in collaboration with the Central Dakota Children's Choir.

The 66-voice Concordia Choir continues to affirm its reputation as one of America's finest a cappella choirs. 2024's tour is Michael Culloton's first tour through the Northwest United States as conductor of The Concordia Choir, who took over the position following René Clausen's retirement in May 2020. "THIS is why we love choral singing. The chorus is simply flawless..." says renowned choral conductor Tim Seelig. To purchase tickets, visit ConcordiaTickets.com.

All tickets are general admission. Tickets are \$20 for adults and free for students of all ages. Tickets are non-refundable. Click below to purchase tickets. More information is available on their [website](#). Click here to check out the [Facebook Event](#).

Purchase Tickets

Blood Drive

Friday, March 15th, 2024 @ 2:30 - 5 p.m.

Trinity will be hosting a blood drive on Friday, March 15th. We need at least 15 people willing to roll up their sleeves and bless those in medical need of life saving blood. Stop at the registration table after worship to sign up – or call the church office. There is a critical need for blood in our area!

New On-Going Groups

Grief Support Group

1st Saturday of each month @ 10 a.m. in Conference Room. Contact Pastor Martha if you have any questions.

Support Group for Parents of Children Struggling with Mental Health Issues

2nd Saturday of each month @ 9:30 a.m. in Conference Room. Contact Pastor Martha if you have any questions.

Men's Group

3rd Saturday of each month @ 8 a.m. in Fellowship Hall. Contact Pastor Mark if you have any questions.



Western North Dakota Synod
Evangelical Lutheran Church in America
God's work. Our hands.

Gospel Seeds

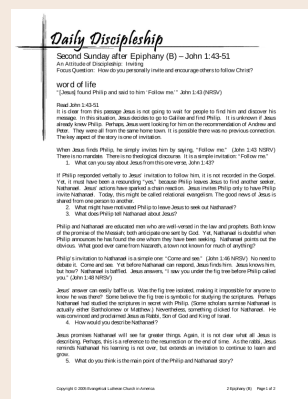
The Gospel Seeds are typically written by the Synod Staff or something they would like to share. Click the link below to check out the latest version available on the Synod site.

[Gospel Seeds](#)

ELCA Daily Discipleship

(Taking Faith Home)

Click on the image below to open the Daily Discipleship PDF. These are written by John and Robin McCullough-Bade and shared on the ELCA's [website](#).



Worship Schedule

Sundays

8:30 a.m. Traditional Worship

10:30 a.m. Blended Worship

Wednesdays

*Dinner served before worship.

6 p.m. Contemporary Worship

We are happy to partner with Grace Lutheran in Driscoll.

Bulletins are posted on our [website](#) under [Bulletins](#) or click below:

[Bulletins](#)

Radio Broadcast

Sunday 8:30 a.m. Radio Broadcast on 1270 Super Talk or the [Listen Live](#) link on their [website](#). You can also click below:

[Listen Live](#)

Video Worship Links

Videos are posted on our [Facebook Page](#) and on our [YouTube Page](#).

- Congregational updates posted as necessary.
- Trinity To Go posted weekly by a pastor.
- Livestream available for worship services.



Head of Staff, Pastor Mark Narum
Pastor Martha HarriSon

701-223-3560
502 N 4th St. Bismarck, ND 58501

[Contact Us](#)

Trinity Lutheran Church | www.trinitybismarck.com



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